

\$3.00 Suggested Donation

# August 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Salad Option</b>  <b>Chef Salad</b>  <b>LS Ham-Tomato</b>  <b>Hard Boiled Egg</b>  <b>Cucumber-Lettuce</b>  <b>Light Ranch Dressing</b></p>	<p><b>1</b> Barley Soup            Veal w/ Lite Brown Gravy            Seasoned Whole Grain Pasta            Italian Blend Vegetables            Pudding            Italian Bread  <i>(Meatloaf on Sicilian)</i></p>	<p><b>2</b> Chicken Soup w/Anci DiPepe            Roast Turkey w/Cran. Sauce            Capri Blend Vegetables            Combread Stuffing            Sliced Pears            Wheat Bread  <i>(Egg Salad on Wheat)</i></p>	<p><b>3</b> Lentil Soup            Stuffed Pepper w/Sauce            Oven Roasted Potatoes            Parslied Carrots            Fresh Fruit            Pumpernickel Bread  <i>(Tuna on Pumpernickel)</i></p>	<p><b>4</b> Escarole &amp; Bean Soup            Pot Roast w/L.S. Gravy            Mashed Potatoes            Green Beans            Chocolate Chip Cookies            Roll  <i>(Fish Sandwich on a Roll)</i></p>
<p><b>7</b> Tomato Vegetable Soup            Pub Burger w/Au Jus            Potato Salad            Mixed Vegetables            Lemon Pudding            Wheat Bread  <i>(Ham &amp; Cheese on Wheat)</i></p>	<p><b>8</b> Chicken Soup            Sweet &amp; Sour Pork Loin            Sweet Potato            Stir Fry Vegetables            Mandarin Oranges            Dinner Roll  <i>(Turkey Burger w/Pineapple Slice on a Whole Wheat Hamburg)</i></p>	<p><b>9</b> Onion Soup            Meatballs w/Sauce            Whole Grain Shells            Tossed Salad w/Dressing            Fresh Fruit            Multi Grain Bread  <i>(Chicken Salad on Multi Grain)</i></p>	<p><b>10</b> Orange Juice            Plain Omelet w/Tomato Slice            Baked Ham            Home Fried Potatoes            Fruited Yogurt  <i>(Eggplant w/Sauce on a Roll w/ Side Salad)</i></p>	<p><b>11</b> Vegetable Soup            Tuna Salad            Summer Tortellini Salad            Seasoned Diced Beets &amp; Onions            Angel Food Cake            Rye Bread  <i>(Corned Beef on Rye)</i></p>
<p><b>14</b>  <b>Closed</b>  <b>Victory Day</b></p>	<p><b>15</b> Beef Vegetable Soup            Fried Steak w/ LS Gravy            Baked Beans            Peppers &amp; Onions            Fresh Fruit            Whole Grain Roll  <i>(Chicken Sausage on a Roll)</i></p>	<p><b>16</b> 100% Grape Juice            Turkey Chili w/Cheese            Corn Bread            Salad w/Dressing            Butterscotch Pudding  <i>(Ham Salad on Rye)</i></p>	<p><b>17</b> <u>Birthday Party of the Month</u>            Venus de Milo Soup            French Meat Pie w/Ketchup            Brussels Sprouts            Frosted Cupcake            Wheat Bread  <i>(Seafood Salad on Wheat)</i></p>	<p><b>18</b> Lemonade            Marinated Grilled Chicken            Pasta Salad            Cole Slaw            Watermelon            Dinner Roll  <i>(Hamburger on a Roll)</i></p>
<p><b>21</b> Tomato Vegetable Soup            Beef Stroganoff            Whole Grain Noodles            Green Beans            Vanilla Pudding            Rye Bread  <i>(Pastrami/Swiss on Rye)</i></p>	<p><b>22</b> Italian Wedding Soup            Stuffed Sole            Rice Pilaf            Broccoli            Blueberry Pie            Multi Grain Bread  <i>(Egg Salad on Multi Grain)</i></p>	<p><b>23</b> Escarole &amp; Bean Soup            Chopped Sirloin w/Low Sodium            Mushroom Gravy            O'Brien Potatoes            Tomato Half            Tropical Fruit            Wheat Bread  <i>(Bologna/ Cheese on Wheat)</i></p>	<p><b>24</b> Beef Barley Soup            Stuffed Cabbage w/ Sauce            Seasoned Golf Ball Potatoes            Mixed Vegetables            Shortbread Cookie            Rye Bread  <i>(Ham and Cheese on Rye)</i></p>	<p><b>25</b> 100% Cranberry Juice            Honey BBQ Boneless Chicken            Buttered Corn            Tomato &amp; Cucumber Salad            Diced Pears            Wheat Bread  <i>(Hot Dog on a Roll)</i></p>
<p><b>28</b> Red Chowder            Florentine Fish            Crispy Potatoes            Broccoli Cuts            Sliced Peaches            Naan Bread  <i>(Chicken Salad on Naan)</i></p>	<p><b>29</b> Turkey Vegetable Soup            Chicken Marsala            Mashed Sweet Potatoes            California Blend Vegetables            Granola Bar            Marble Bread  <i>(Italian Tuna on Marble)</i></p>	<p><b>30</b> Egg Drop Soup            Shrimp Chow Mein w/Crunchy            Noodles            Oriental Blend Vegetables            Mandarin Oranges            Hamburger Bun  <i>(Hamburger on a Bun)</i></p>	<p><b>31</b> Kale &amp; Bean Soup            Liver &amp; Onions            Mashed Potatoes            Vegetable Blend            Fresh Fruit            Oatmeal Bread  <i>(Italian Grinder)</i></p>	<p><i>Funded in part by the US Administration on Aging and the Rhode Island division of Elderly Affairs</i>  <b>Thank you for your donations!</b>  <i>Your donations help keep the program going!</i></p>